

Narwhal News

Mesa Aquatics Club Masters Newsletter, August 2012

Thank you so our Super Volunteers!!

Narwhals in general, are very gracious folks. However, on occasion part of the pod rise above our very high standards of excellence, and achieve absolute greatness! Mesa Aquatics Club would like to salute David Brooks, Peter Eisenklam, and Todd Gunzy for their tireless volunteering as Officials at the past SEVERAL meets. These gentlemen don't get paid for their work. They get no fame. No glory. Occasionally they get a free bottle of warm water and some stale 'Goldfish' in a Dixie cup, if they're lucky. Yet there they are...at every meet, working sometimes up to an 18 hour day in the heat of the Arizona summer. We cannot tell you how much we appreciate your time, your commitment, and your dedication to the sport of swimming, and to making M.A.C. stand out in field of Arizona Swimming officiating! **THANK YOU!!!!**



Peter sporting his vintage Speedo



David is currently at Far Westerns with his son



Team Gunzy ROCKS the State Games!

Arizona Masters State Championships!!!



We came. We swam. We conquered!!! For the very first time in Narwhal history, **MESA AQUATICS CLUB WON THE TITLE OF STATE CHAMPIONS!!!!** Not that it was a shock to any of us, but Phoenix Swim Club was stunned. They have been the reigning champions for several seasons, but this is OUR time! By the final tally, M.A.C. overpowered Phoenix with 3,831 points, to their 3,084 points. Each and every swimmer contributed points to help achieve this



accomplishment. GREAT JOB!!! We also have crushed several new State Records this 2012 Long Course Season :

Shauna Nelson: 400 Free; 800 Free; 1500 Free; 200 Back

Laurel Hill: 50 Free; 400 I.M.

Patrick Brundage: 800 Free; 200 Fly; 400 I.M.

Lorinda Luck: 100 Breast

Art Stark: 200 Free; 400 Free; 800 Free

Bonnie Pronk: 50 Back; 100 Back; 200 Back; 50 Breast; 100 Breast

WOW! That's phenomenal! I have chills!!!! But wait! There's more!!! The following Narwhals were this year's High Point Winners in their age groups at the State Champs:

Shauna Nelson; Whitney Warman; Charles Mazin;
Laurel Hill; Brad Cahoon; Art Stark and Bonnie Pronk



Congratulations to everyone who swam personal bests, who swam new events, and for the volunteers who helped to make it all happen. This is a great wrap up to a fantastic season, gang! You should all feel very proud of yourselves!



The Rippentrops contemplating race strategy.



Helen, Diana and Lacey are all smiles!



Angel and Jen swam fast, had fun, and looked good!!!

The Olympic media kept talking about what a tough meet schedule Ryan Lochte had this year....why didn't they mention the rigorous schedule for Charlie?!



Congratulations, MAC!!!!

More opportunities for Greatness.....

The Open Water Series continues. On August 25th there is a competitive swim at Lake Pleasant. For you pool swimmers, the Ron Johnson Invitational will be held on November 10-11th at Mona Plummer Aquatics Center. For more information on either event, visit the our website: www.mesamasters.com